

School-Based Programs

- A. School-Based programs must include and demonstrate compliance with all of the following:
1. *The primary purpose of the program must be child abuse and neglect prevention.*
 2. Conduct a minimum of three presentations by the program staff/volunteers with the same participants;
 3. Must include experiential learning;
 4. Leave follow-up materials with teachers or counselors to use that are consistent with program objectives and current research;
 5. Use a set curriculum that is evidence/research-based and age appropriate with measureable outcomes;
 6. All Children First programs must include information/education on prevention/cessation of tobacco products. **ADCANP endorses Tar Wars®**;
 7. Provision of the required data for the University of Alabama state-level program evaluation.

- B. *School-Based Programs must focus on the following:*

1. Personal Safety*
 - Body safety (**Body safety can be taught through Grade 3. After 3rd grade, the focus should be child maltreatment prevention.**)
 - Must have research-based positive outcomes that prevent child abuse and neglect.

*If using a curriculum that focuses on Personal Safety, the program must incorporate identifying, managing and communicating feelings.

2. Child Maltreatment Prevention
 - Internet Safety (including “sexting”, and internet exploitation prevention)
 - Identifying and Managing Feelings
 - Violence Prevention
 - Empathy Training
 - Impulse Control
 - Anger Management
 - Stress Management
 - Problem Solving/Decision Making
 - Peer Relationships
 - Conflict Resolution
 - Self-Control
 - Assertive Behavior
 - Communicating Feelings
 - Identification and Maintenance of Healthy Relationships
 - Development of Personal Resources
 - Parenting for Teen Parents